

ACNE TREATMENT

CLIENT INFORMATION



When inflammation reaches deep into the skin, an acne cyst forms. This is the most severe type of acne. Cysts can be very painful. People often see permanent scarring after this type of acne heals.

GETTING RID OF ACNE

Thanks to advances in medicine, virtually every case of acne can be controlled. Many people with mild acne can see clear skin with good skin care and acne products now available. However, this won't control everyone's acne.

Sometimes acne control requires a customised skin therapy programme. Even severe acne can be successfully controlled with professional treatment.

For treatment to work, it must interfere with what is causing the acne. Most over the counter treatments only interfere with one cause. When a patient has multiple skin issues, clearing often requires using several medications.

ACNE SKIN THERAPY PROGRAMME

Every Acne Skin Therapy Programme is custom designed to help you achieve and maintain optimum skin health and appearance.

At your skin consultation, your therapist will use skin scanner to analyse and detect any skin problems that may be affecting you.

During your skin analysis, we will be able to advise you about the best way for you to look after your skin and discuss a home care and professional treatment programme to deal with your acne.

ACNE TREATMENT RESULTS



Our Therapist also suffered severe acne before seeking professional treatment.

With a customised acne treatment, she now has clear healthy looking skin.

Treating acne can prevent additional breakouts and scars. It can improve a person's quality of life by preventing emotional stress and low self-esteem. If you or anyone you know suffers from acne, talk to one of our Therapists about a personal consultation today.

ACNE - THE FACTS

Around 90 percent of people will get acne at some stage of their lives. Acne is more common during teenage years but is known to happen across all ages. Adult acne is becoming increasingly common.

Acne is a disease of the skin which can be painful for those suffering from moderate to severe acne. If it is severe enough acne has the ability to leave permanent scars in the affected areas of the skin.

The most disturbing fact about acne is the psychological factors it can bring on such as anxiety, depression and low self esteem.

WHAT CAUSES ACNE?

All types of acne — blackheads, whiteheads, pimples, and cysts — develop when pores in our skin become clogged. The culprit is sebum [see-bum], an oil in our skin. Our bodies make more sebum when our hormones surge. This is why teens get acne. This is why women often breakout before their periods. Since hormones fluctuate in the years leading up to menopause, many women in their 40s and 50s get acne.

WHERE WE GET ACNE

Acne develops where we have the most sebaceous glands. These glands make sebum and are found in the greatest number on our face, neck, chest, back, shoulders, and upper arms.

The excess oil does more than clog pores. Bacteria that normally lives on our skin thrives in this excess oil. Immersed in excess oil, the bacteria can rapidly increase in number. As the bacteria multiply in a clogged pore, the pore becomes inflamed. Inflammation is what causes a pimple to look red, hot, and swollen.