

SPRAY TANS

PREPARATION & AFTERCARE INFORMATION



SPRAY TAN PREPARATION

- On the day before your spray tan, exfoliate your full body in the shower or bath using an exfoliating glove or face cloth. Concentrate on areas that are prone to dryness such as elbows, knees and ankles. Rough or dry skin can cause uneven absorption rates and an uneven tan. Ensure your skin is clean and dry with no soap residue.
- Do not apply moisturiser, perfume or deodorant to your body prior to or immediately following the spray tan.
- Any hair removal (waxing or shaving) should be performed 24hrs prior to the spray tan application.
- Wear old, dark, loose undergarments or swimwear to spray in or you may prefer to be sprayed naked so you don't have any tan lines. Disposable underwear / g-strings can be provided if you prefer.
- You can apply a little barrier cream to any area you do not want the solution to react on, such as nails and lips, if you prefer.
- All jewellery should be removed to ensure an even application.
- Make-up should be removed and hair should be tied back. We provide a disposable cap to protect your hair during your spray tan procedure.

SPRAY TAN AFTERCARE

- Your tan will develop from about 2-3 hours after your spray, and will continue to develop for up to 24 hours.
- Avoid any water contact on the skin for the first 8-10hrs. Water contact stops the tanning process immediately. Be mindful about going outside in the rain or activities that promote sweating, and keep your hands out of water if you have sprayed them!
- Do NOT rub or scratch your body as this can also remove the spray solution during the important developing phase.
- Do NOT apply any creams or deodorants until after the first shower.
- Wait at least 8-10 hours (the longer the better) before showering. A small amount of the bronzer colour will wash off during the first shower, this is normal.
- Try to use soap with a pH balance of 5.5 or lower. Some soaps are more alkaline which will accelerate the fading process. Liquid soaps tend to be more gentle than 'cake' soaps.
- Avoid using products that are designed to exfoliate your skin such as moisturisers that contain Alpha Hydroxy Acids, as this will prematurely fade your tan.
- Avoid extended showering / bathing and rubbing of the skin afterwards as this increases the natural skin exfoliation process. Pat your skin dry.
- Avoid chlorinated pools, spas and excessive heat such as saunas and steam rooms as this will dramatically accelerate the fading process. Chlorine is a form of bleach, which promotes tan removal.
- Avoid hair removal procedures such as waxing and shaving as this removes the very top layer of skin and your tan could appear patchy.
- Apply a moisturiser twice daily to extend the life of your tan.

IMPORTANT

Remember that the tanning solution does not contain a sunscreen and will not protect your skin from sunburn. Always wear a protective SPF sunscreen when out in the sun.